



Thanksgiving Day 2018 HOLIDAY SCHEDULE

Facility Hours

JCHILDCARE.



JSWIM.

Thursday, Nov 22
7am–1pm

Friday, Nov 23
5:30am–5pm

Wednesday, Nov 21
No Evening Care

Thursday, Nov 22
8am–1pm

Friday, Nov 23
8am–1pm

Join us for Turkey Trot!
8:15am

Friday, Nov 23
8am & 9:30am

Thursday, Nov 22
Indoor Pool
7am–12:30pm

Bubble Pool Closed

Friday, Nov 23
Regular Pool Hours
No Water Aerobics Classes

Group Exercise Classes Thursday, November 22

8:15am Warm Up
8:30am Run Start
Turkey Trot
Outdoors

9:15-10:15am
Zumba – Matt
Downstairs Aerobics Studio

9:30–10:15am
Cycle – Jenny
Cycle Studio

10:30–11:15am
Total Strength – Jenny
Downstairs Dance Studio



8:15am Warm-up with Jenny

8:30am 5K or 1.5 Mile

Complimentary Light Breakfast

M/ FREE NM/\$10

Call to Register: 704-366-5007

Questions? 704-944-6870
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