



May 2018 Holiday Hours

MEMBERS >> Please note these *Schedule/Hours Changes in May*



Sunday, May 20 – *Shavuot*

Facility Hours 1pm–7pm
Bubble Pool..... *CLOSED*
Indoor Pool 1pm–6:30pm
JChildcare..... 1pm–3pm
JForce No Waves
Group Exercise: All regularly scheduled classes will run during open facility hours.

Monday, May 21 – *Shavuot*

Facility Hours 1pm–9:30pm
Bubble Pool..... *CLOSED*
Indoor Pool 1pm–8:30pm
JChildcare..... 1pm–3pm
JForce No Waves
Group Exercise: All regularly scheduled classes will run during open facility hours.



Monday, May 28 – *Memorial Day*

Facility Hours 7am–7pm
Main Pool/Splashground 10am–6:45pm
Bubble Pool Open Swim 10am–6:45pm
Bubble Pool Adult Lap Swim 9am–10am
Indoor Pool 7am–6:30pm
JChildcare..... 8am–1pm only
JForce 8am & 9:30am Waves only

Modified Group Exercise Schedule:

8:00am BOSU Blast (John) <i>Downstairs Studio</i>	10:30am Intermediate Flow Yoga (Cindy) <i>Upstairs Studio</i>
9:00am Jacki’s Dance (Sara) <i>Downstairs Studio</i>	11:45am Beginner Flow Yoga (Cindy) <i>Upstairs Studio</i>
9:15am Vinyasa Yoga (Jen) <i>Upstairs Studio</i>	12:00pm Arms & Abs (Jenny) <i>Downstairs Studio</i>
9:30am Cycle (Jenny) <i>Cycle Studio</i>	5:30pm Cardio Dance (Karen) <i>Downstairs Studio</i>
10:15am Body Works (Marcia) <i>Downstairs Studio</i>	6:00pm Kettlebells (John) <i>Alvin E. Levine Gym</i>