



Tennis Fall 2010

Preschool

Preschool Tennis*

3-5 years old
A great intro to tennis. Emphasizes gross motor skills, basic tennis information and fun on the courts. Held indoors during inclement weather. Equipment provided.

A) Tuesday, 1:15-2pm
September 14 – December 7 (12 weeks)
No class 11/23
M/\$171 B/\$128 NM/\$207

B) Friday, 1:15-2pm
October 8 – December 10 (9 weeks)
No class 11/26
M/\$128 B/\$96 NM/\$155

Kids

Mighty Mites*

5-7 years old
Emphasizes basic stroke work, motor skills, court knowledge, and games involving tennis skills. Held indoors during inclement weather based on gym availability.

A) Monday, 3-3:45pm OR
B) Monday, 3:45-4:30pm
August 30 – November 29 (12 weeks)
No class 9/6, 11/22

M/\$128 per session
B/\$96 per session
NM/\$155 per session

C) Tuesday, 3-3:45pm OR
D) Tuesday, 3:45-4:30pm
August 31 – November 30 (13 weeks)
No class 11/23

M/\$139 per session
B/\$104 per session
NM/\$168 per session

E) Wednesday, 3-3:45pm OR
F) Wednesday, 3:45-4:30pm
August 25 – December 1 (13 weeks)
No class 9/8 & 11/24

M/\$139 per session
B/\$104 per session
NM/\$168 per session

G) Thursday, 3-3:45pm OR
H) Thursday, 3:45-4:30pm
August 26 – December 2 (11 weeks)
No class 9/9, 9/23, 9/30 & 11/25

M/\$118 per session
B/\$89 per session
NM/\$142 per session

I) Saturday, 1-1:45pm
August 28 – December 4 (13 weeks)
No class 9/18 & 11/27

M/\$139 B/\$104 NM/\$168

Kids

Rookies*

8-11 years old
Emphasizes stroke production with an introduction to scoring and the serve in a fun environment. Held indoors during inclement weather based on gym availability.

A) Monday, 3:30-4:30pm
August 30 – November 29 (12 weeks)
No class 9/6 & 11/22
M/\$171 B/\$128 NM/\$207

B) Tuesday, 3:30-4:30pm
August 31 – November 30 (13 weeks)
No class 11/23
M/\$185 B/\$139 NM/\$224

C) Thursday, 3:30-4:30pm
August 26 – December 2 (11 weeks)
No class 9/9, 9/23, 9/30 & 11/25
M/\$157 B/\$118 NM/\$190

D) Friday, 3:30-4:30pm
August 27 – December 3 (10 weeks)
No class 9/10, 9/17, 9/24, 10/1 & 11/26
M/\$143 B/\$107 NM/\$173

Intermediate Tennis

10-14 years old
Focuses on proper stroke mechanics, basic point play, rallying skills and tennis conditioning. Open to players on our 12 and 14 and under USTA teams and to older players with some tennis experience.

Thursday, 4:30-6pm
August 26 – December 2 (11 weeks)
No class 9/9, 9/23, 9/30 & 11/25
M/\$235 B/\$176 NM/\$285

Teen

Teen Beginner

13-17 years old
Teaches the fundamentals of play, including proper stroke mechanics, basic point play, basic rallying skills, and basic tennis conditioning. Designed for the player with limited playing experience.

Saturday, 1:45-2:45pm
August 28 – December 4 (13 weeks)
No class 9/18 & 11/27
M/\$185 B/\$139 NM/\$224

***Complimentary child transfer available every week day except Friday after 2pm from CJP, CJDS, and J-Team by request at time of registration. See Child Policies on back for more details.**

Adults

Working Women: Drill and Play

18+ (open to 3.5 – 4.0 players)
A drill and play session with the Pro. Emphasis each week on point play, drills and match strategies.

Wednesday, 6-7pm
September 1 – November 17 (11 weeks)
No class 9/8 & 11/24
M/\$157 B/\$118 NM/\$190

Adult Beginner/Intermediate

18+ (New players – 2.5 USTA rated)
Available to new players or returning players to the game. Ideal to learn all the basics on the tennis courts.

A) Friday, 9-10am
September 3 – November 19 (9 weeks)
No class 9/10, 9/24 & 10/1
M/\$128 B/\$96 NM/\$155

B) Sunday, 10-11am
August 29 – November 21 (12 weeks)
No class 9/5
M/\$171 B/\$128 NM/\$207

Cardio Tennis

18+
Get the blood pumping. An aerobic workout on the tennis court, complete with basic tennis skills, medium – high impact cardio training.

A) Friday, 10-11am
September 3 – November 19 (9 weeks)
No class 9/10, 9/24, 10/1
M/\$128 B/\$96 NM/\$155

B) Sunday, 11am-12pm
August 29 – November 21 (12 weeks)
No class 9/5
M/\$171 B/\$128 NM/\$207

C) Thursday, 12:30-1:30pm
September 2 – November 18 (9 weeks)
No class 9/9, 9/23 & 9/30
M/\$128 B/\$96 NM/\$155

Senior Intro to Tennis

60+ years young
A class specifically designed to meet the needs of our more mature tennis population. Geared towards players who have limited or no tennis experience and wish to learn to play.

Friday, 10-11am
September 3 – November 19 (9 weeks)
No class 9/10, 9/24 & 10/1
M/\$128 B/\$96 NM/\$155

Senior Intermediate Tennis

60+ years young
A class specifically designed to meet the needs of our more mature tennis population. Geared towards players who are looking to add dimension to their tennis game (senior NTRP 3.0 and up).

Wednesday, 10-11am
September 1 – November 17 (12 weeks)
M/\$171 B/\$128 NM/\$207

Junior Team Tennis

7-18 years old

Team matches played on Sunday afternoons between 1-4pm based on age. All teams require players to be members of the USTA. **Team practices are strongly encouraged for all team members.** Team fee includes team registration, balls for home matches, and weekly updates. **Registration due by September 1.** Matches run mid-September through November 1 (times to be determined).

10 and Under Quick Start • Sundays, 1pm
12 and Under Beginner • Sundays, 1pm
14 and Under Intermediate • Sundays, 2pm
18 and Under Intermediate • Sundays, 3pm

M/\$55 per team
B/\$45 per team
NM/\$65 per team

Leagues

Evening Doubles League

18+ (members only)
Open to men (USTA rated 2.5 – 3.5) and women (USTA rated 2.5 – 4.0). Rotations done weekly with a running leader board.

Wednesday, 7-8:45pm
September 1 – November 17 (11 weeks)
No program on 9/8
M/\$80 per person B/\$60 per person

Ladies Fall Doubles League

18+ (members only)
Open to all ladies 2.5 and up (NTRP) on a drop-in basis. Anyone interested in participating should contact Matt Wagner to be added to the weekly database. All players must let Matt know by Wednesday if they would like to participate each week.

Friday, 9:30-11:00am
September 3 – November 19 (9 weeks)
No program on 9/10, 9/24 & 10/1
M/\$65 per person B/\$49 per person

An annual administrative fee is applicable to all non-member participation in Levine JCC programs or services. The fee is \$20/individual and \$35/family.

Junior Team Practices

All practices prepare students for USTA and school team play. To participate in practices, students must either be part of the corresponding Junior Team or have the approval of the tennis pros to enroll (or in case of Quick Start 10 and Under, must have completed at least 2 sessions of Rookie tennis). *Non-members welcome.*

Quick Start 10 and Under Team Practice

8-10 years old
Emphasis placed on stroke production and rally skills on a Quick Start court.

Wednesday, 4:30-6pm
August 25 – December 1 (13 weeks)
No class 9/8 & 11/24
M/\$278 B/\$209 NM/\$336

12 and Under Team Practice

9-12 years old
Wednesday, 4:30-6pm
August 25 – December 1 (13 weeks)
No class 9/8 & 11/24
M/\$278 B/\$209 NM/\$336

14 and Under Team Practice

10-14 years old
Tuesday, 4:30-6pm
August 31 – November 30 (13 weeks)
No class 11/23
M/\$278 B/\$209 NM/\$336

Teen Team Training

12-17 years old
Prepares 8th-12th graders for high school/USTA team play.
Monday, 4:30-6pm
August 30 – November 29 (12 weeks)
No class 9/6 & 11/22
M/\$257 B/\$231 NM/\$311

Ladders

2010 Women's Doubles Ladders

18+ (members only)
Register for our women's double ladder. Participants must register individually but have a partner for the ladder. Bi-monthly updates for all participants, flexible match scheduling, competitive matches.
September 1, 2010 – March 1, 2011
M/B/\$50 per person

Queen City Team Practice

18+ (members only)
For all players involved in Queen City. Dates and times vary per team.
August – November
M/\$170 B/\$128

Contact Matt Wagner
704-944-6748

Tennis Questions?

Contact Director of Tennis,
Matt Wagner, 704-944-6748 or
matt.wagner@charlottejcc.org

Important note: There are no outdoor tennis clinics if temperatures are below 39° F or a windchill below 32° F. Children's clinics move indoors based upon gym availability.

Please call 704-944-6748 for updates during inclement weather.

Child Policies

- Age determined by start date of class.
- Children must be fully potty trained to participate.
- The transfer program is provided courtesy of the Levine JCC at no additional charge. Restrictions apply (not all classes are included.)
- No child will be transferred without a signed Emergency Contact & Parental Release Form, available at our Customer Service Desk or www.charlottejcc.org.
- Fill out *one form per family* if you have not already done so for the school year.
- When you register, contact us to let us know that you want a transfer, and we'll track your request electronically. It is the parent's responsibility to keep contact info up-to-date.
- No child will be transferred from CJP/CJDS/J-Team without a signed transfer form.

