Infant Survival Swim Program at the J

ISR – Infant Swim Resource
For ages: 6 months – 6 year olds
ISR goes beyond traditional swimming. ISR teaches very young children techniques designed to help them survive should they find themselves in the water alone.

Monday–Friday
Levine JCC Indoor Pool

For details, dates & lesson times, email: diana.barnes@charlottejcc.org

the sooner, the safer!

It’s not just about swimming... it’s about surviving®