



the sooner,
the safer!



Infant Survival Swim Program at the J

New!

ISR – Infant Swim Resource

For ages: 6 months – 6 year olds

ISR goes beyond traditional swimming. ISR teaches very young children techniques designed to help them survive should they find themselves in the water alone.

**Monday–Friday
Levine JCC Indoor Pool**

**For details, dates & lesson times, email:
diana.barnes@charlottejcc.org**

It's not just
about swimming
... it's about
"surviving"



charlottejcc.org • 704-366-5007