



## ..... *Announcing an Exciting New Program!*

JMemory Café serves individuals with *mild to moderate* dementia along with their family caregivers.

The purpose of JMemory Café is to:

- Provide opportunity for regular social engagement and discussion
- Create an environment that is relaxed, safe, and non-judgmental
- Inspire new friendships and peer support
- Provide a break from normal routines
- Enjoy music, art, and other programming

The LJCC Member and the family member with dementia attend the Café *together*. JMemory Café is a great benefit for LJCC Members who are caring for their loved ones who have dementia.

### **IMPORTANT NOTE – LIMITED SPACE!**

Registration for each Café begins on the Thursday the week before and ends on Monday the week of the Café. Please be sure to make every effort to attend the JMemory Café once you register, as spots are limited and your absence after reservation prevents another family from attending. Thank you!

*JMemory Café is funded (in part) with a grant from:*



*"ENHANCING LIFE FOR JEWISH SENIORS"*

*Meets twice every month:*

**2<sup>nd</sup> & 4<sup>th</sup> Thursdays**

**10am–12pm**

**Weinberg Senior Center**

A light breakfast is served at each Café, sponsored by



**TO REGISTER / QUESTIONS:**

Contact Jill Lipson, Director of Senior and Adult Services, by phone:

**704-944-6792**

