

J
NOW OFFERING

JCC MEMBERS

OUTDOOR WORKOUT SPACE!

**Weight Training
Rowers • Spin Bikes**

**LOCATED
ON LEVEL 2
of the JCC
PARKING
DECK**

NEW! WALK-IN HOURS: *Reservations no longer necessary!*

MON-THUR

AM
5:30am-12:00pm

PM
3:00-7:00pm

SATURDAY

12:00-6:55pm

FRIDAY

AM
5:30am-12:00pm

PM
3:00-5:00pm

SUNDAY

7:00am-6:45pm

PLUS - Weekly Workouts by Jenny posted on Facebook

Register at: www.charlottejcc.org/register

