

JSWIM.★

The progressions and skills taught in the
LJCC JAWS SWIM SCHOOL

have been designed while keeping the overall developmental needs and stages in mind. All lessons are implemented and taught by highly skilled and trained instructors. Our swim school classes are designed for swimmers age 3 and up.

Swimmers progress through different levels learning water safety and proper stroke technique in all four competitive strokes. Group classes are between 2-5 students per coach (depending on level) and are 45 minutes in duration.

Please refer to charlottejcc.org for Policies and Procedures.



Infant Swim Resource

BY APPOINTMENT ONLY

6 months – 6 year olds

ISR goes beyond traditional swimming. ISR teaches very young children techniques designed to help them survive should they find themselves in the water alone.

Monday-Friday - Ongoing - Levine JCC Indoor Pool

For details, dates & lesson times: diana.barnes@charlottejcc.org



Transitional Tot Class

2-3 year olds • Class details: diana.barnes@charlottejcc.org

Preschool

3-5 year olds (potty trained)

Lessons are divided into 3 class groups with specific goals – beginner, intermediate and advanced. Our trained instructors will assign your child's class level based on his/her ability on the first day of class. Goggles & swim cap suggested.

Sundays, 10:45am or 11:45am • September 13 – December 6

No Class 9/20, 10/4, 10/11 & 11/29

M/\$153 B/\$89 NM/\$215

Mondays & Wednesdays • 1:15pm, 2:30pm or 3:30pm

September 14 – December 7 No Class 9/28, 11/23 & 11/25

M/\$375 B/\$213 NM/\$513

Tuesdays & Thursdays • 1:15pm, 2:30pm or 3:30pm

September 15 – December 3 No Class 11/24 & 11/26

M/\$375 B/\$213 NM/\$513

Fridays • 1:15pm, 2:30pm or 3:30pm

September 18 – December 11 No Class 11/27

M/\$205 B/\$114 NM/\$286

K-5th Group Swim Lessons

5-10 year olds

Youth classes are great for children who have not had the opportunity to learn to swim at a young age as well as for those that wish to become better swimmers. Designed for children to learn in an environment appropriate to their age and developmental level.

Suggested age to begin this journey is between 5-6 years of age. Our lessons are divided into 3 class groups with specific goals. Our trained instructors will assign your child's class level based on his/her ability on the first day of class.

Beginner: For the very beginner swimmer or for those who are uncomfortable in the water. Instructors work on basic water adjustment.

Intermediate: For the swimmer who is comfortable in the water and has completed beginner youth skills.

Advanced: For the swimmer who can comfortably swim front crawl and backstroke using over arm stroke in deepwater but who needs help with refining his/her strokes and learning the breaststroke and butterfly.

Advanced classes prepare your child for future aquatic adventures like water sports, boating sports, boy scouts swim badges or even a first job as a lifeguard. Children with higher levels of stroke technique, endurance and experience will gain more respect of the water environment and have a higher awareness of water safety.

Sundays, 10:45am or 11:45am

September 13 – December 6 No Class 9/20, 10/4, 10/11 & 11/29

M/\$126 B/\$77 NM/\$162

Mondays & Wednesdays, 3:30pm

September 14 – December 7 No Class 9/28, 11/23 & 11/25

M/\$339 B/\$202 NM/\$437

Tuesdays & Thursdays, 3:30pm & 4:30pm

September 15 – December 3 No Class 11/24 & 11/26

M/\$339 B /\$202 NM/\$437

Fridays, 3:30pm

September 18 – December 11 No Class 11/27

M/\$185 B/\$113 NM/\$239

Private Swim Lessons

½ Hour: M/\$36 | NM/\$42

Package of 5: M/\$155 | NM/\$184

Package of 8: M/\$237 | NM/\$278

15 minutes: Preschool Only M/\$19 • NM/\$23

Package of 10: M/\$148 • NM/\$190

Package of 16: M/\$242 • NM/\$315

Semi-Private Swim Lessons

½ Hour: M/\$26 | NM/\$32

Package of 5: M/\$103 | NM/\$131

Package of 8: M/\$148 | NM/\$193

**Register for classes
and request
private lessons at
charlottejcc.org**