Early Childhood Swim Instruction

The progressions and skills taught in the LJCC JAWS Swim School have been designed while keeping the overall developmental needs and stages in mind. All lessons are implemented and taught by highly skilled and trained instructors. Our swim school classes are designed for swimmers age 3 and up. Swimmers progress through different levels learning water safety and proper stroke technique in all four competitive strokes. Group classes are between 2-5 students per coach (depending on level) and are 45 min in duration.

Infant & Toddler

6 months –2 years; Parent-assisted. Swim diapers required.
Children are learning to get comfortable with their bodies in the water through activities, songs and games.

SUNDAYS
9:00-9:30am / 9:30-10am
4:30-5pm / 5–5:30pm
Winter: Jan 5 – Feb 23 No Class 1/19 & 2/16
M/$98  B/$56  NM/$133
Spring: Mar 8 – May 17
No Class 4/14 & 5/10
M/$133  B/$76  NM/$183

Infant Swim Resource (ISR)

6 months –6 years old
ISR goes beyond traditional swimming. ISR teaches very young children techniques designed to help them survive should they find themselves in the water alone.

Monday–Friday • LJCC Indoor Pool
By appointment only. For details, dates and lesson times, email: diana.barnes@charlottejcc.org

Private Swim

½ Hour: M/$36-NM/$42
Package of 5: M/$155-NM/$184
Package of 8: M/$237-NM/$278

15 Min: M/$19-NM/$23
Package of 10: M/$148-NM/$190
Package of 16: M/$242-NM/$315

Semi-Private Swim

½ Hour: M/$26-NM/$32
Package of 5: M/$103-NM/$131
Package of 8: M/$148-NM/$193

Preschool

3-5 year olds; potty trained. Goggles & swim cap suggested. Lessons are divided into 3 class groups with specific goals:

Basic Beginner
This class is for the very beginner swimmer and/or for those who are uncomfortable in the water. No prerequisites are required. This class is intended for those students who have never participated in formal swim instruction. Introduction to bubble blowing and face-in skill.

Beginner/Intermediate/Advanced
Instructors will work on basic water adjustment, bubble blowing and face-in skill. Our trained instructors will assign your child’s class level based on his/her ability on the first day of class.

SUNDAYS
10:45am | 11:45am
Winter: Jan 5 – Feb 23 No Class 1/19 & 2/16
M/$98  B/$56  NM/$133
Spring: Mar 8 – May 17
No Class 4/14 & 5/10
M/$133  B/$76  NM/$183

TUE & THU
1:15pm | 2:30pm | 3:30pm
Winter: Jan 7 – Feb 20
M/$236  B/$131  NM/$299
Spring: Mar 3 – May 21
No Class 4/9, 4/14 & 4/16
M/$347  B/$200  NM/$466

TUE (PM) • 6:30–7:15pm
Winter: Jan 7 – Feb 18
M/$114  B/$65  NM/$155
Spring: Mar 3 – May 19
No Class 4/14
M/$183  B/$103  NM/$252

FRIDAYS
1:15pm | 2:30pm | 3:30pm
Winter: Jan 10 – Feb 21
M/$114  B/$65  NM/$155
Spring: Mar 6 – May 22
No Class 4/10 & 4/17
M/$166  B/$94  NM/$229

Preschool Intersession

2 Weeks During Winter Break!
(ages 3-5)
Mon–Thu • 1:15–2pm
December 9–12
December 16–19
M/$119  B/$89  NM/$159

Contact Diana for details about Transitional Tot Class for 2–3 year olds.

Multi Season Swim Team
5–18 year olds
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For Swim School policies and procedures, please visit: charlottejcc.org

Diana Barnes Aquatics Supervisor
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