

Senior Adult Program Lunches---May Menu

All Friday lunches are served with Challah, and Wine or Grape Juice for Shabbat

- Wed, 5/1:** Spinach and ricotta calzone with marinara sauce on side, Caesar salad, and banana pudding
 - Fri, 5/3:** Hamburger with lettuce, tomato, and onion (condiments on the side), coleslaw, tater tots, pickle, and fruit turnovers
 - Mon, 5/6:** Grilled caprese sandwich on a sub roll, chips, fresh fruit, and Birthday cake
 - Wed, 5/8:** Baked potato bar w/toppings, roasted veggies, salad, & yogurt parfait w/fresh fruit
 - Fri, 5/10:** Lemon-garlic baked cod with tartar sauce on the side, sautéed peas and carrots, seasoned couscous, and black and white cookies
 - Mon, 5/13:** Pesto and sliced tomato pita pizza, toss salad with toppings, and sherbet
 - Wed, 5/15:** Mac 'n' cheese, spring mix salad with citrus vinaigrette, fresh fruit, and chocolate pudding
 - Fri, 5/17:** Chicken noodle soup, potato latkes (apple sauce on the side), roasted broccoli, and flourless chocolate cake
 - Mon, 5/20:** Challah French toast (syrup on side), scrambled eggs, fresh fruit, and ice cream bars
 - Wed, 5/22:** Baked cheese ravioli (parmesan cheese on the side), tossed salad with toppings, garlic bread, and whoopie pies
 - Fri, 5/24:** Pecan-crust chicken, seasoned Israeli couscous, roasted asparagus, and spice cake
 - Mon, 5/27:** Nicoise salad, warm rolls with butter (on the side), and Linzer cookies
 - FIELD TRIP DAY, Wed, 5/29:** Lunch will not be served "in house" today.
 - Fri, 5/31:** Paolo's special fried meat pies, Brazilian vinaigrette salsa salad, fried plantains, and iced brownies
- Alternate lunch option each day: PB and J on wheat with grape jelly, bag of chips, fruit cup, and the dessert of the day (\$8.00): Circle all days requested: 5/1, 5/3, 5/6, 5/8, 5/10, 5/13, 5/15, 5/17, 5/20, 5/22, 5/24, 5/27, 5/31**

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Oasis Payment Form

Please make checks payable to Levine JCC



NAME _____ Date May 2019

Lunches # _____	x \$8 (Mon, Wed, Fri) _____	\$ _____
	Exercise/Yoga Card: \$30 (member) _____	\$ _____
	Painting & Beyond: \$5/class (3 classes in May) _____	\$ _____
	Field Trip: \$5.00 _____	\$ _____
	Transportation Donation (\$25.00 suggested donation) _____	\$ _____
	Total Charges _____	\$ _____
	Minus # _____ @ \$8 Lunch Credits _____	\$ _____
Total Payment: _____		\$ _____