Take a look at the books in our new “Lending Library” to see if something interests you. The library is located in the Hal & Holly Levinson Children and Family Center (aka, Family Place). To check out a book, please fill in your name, contact information and the date on the sign-out sheet.

**DUE DATE:**
3 weeks after check-out.

**CURRENT TITLES:**
- Animal, Vegetable, Miracle – by Barbara Kingsolver
- Climate of Hope – by Michael Bloomberg and Carl Pope
- Eat to Lose, Eat to Win – by Rachel Beller
- Food, Inc. – edited by Karl Weber
- Gut and Psychology Syndrome – by Dr. Natasha Campbell-McBride
- I Quit Sugar (cookbook) – by Sarah Wilson
- Real Food – by Nina Planck
- The Dirt Cure – by Maya Shetreat-Klein, MD
- The Dirty Life – by Kristin Kimball
- The Food Babe Way – by Vani Hari
- The Food Revolution – by John Robbins
- The Immune System Recovery Plan – by Susan Blum, MD
- The Real Food Revolution – by Tim Ryan
- The United States of Arugula – by David Kamp
- The Wahls Protocol – by Terry Wahls, MD

... and many more. Come browse!

If you have books you would like to donate to the collection, we will gladly accept them.

**Questions?**
Contact: julie.rizzo@charlottejcc.org

*Healing Ourselves, Healing the World is a year-long program with events each month.*