Cardio Tennis  
A great way to get the blood pumping! An aerobic workout on the tennis court, complete with basic tennis skills, and medium to high impact cardio training.

Fridays • 9-10am
June 19–August 14  (8 weeks; No Class 7/3)

8-week Session: M/$176 B/$144 NM/$264

Men’s Drill  
Open to 3.0– 4.0 USTA  A drill and play session with the Pro. Emphasis on point play, drills, and match strategies.

Wednesdays • 6-7pm
June 17–August 12  (9 weeks)

9-week Session: M/$198 B/$162 NM/$297

Pricing Codes: M=Member B=Benefactor NM=Non-Member

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**SUMMER TENNIS CAMPS**

**Junior CRUSH Tennis Camp**

Grades 1–12
An enjoyable introduction to tennis, focusing on fundamentals and tennis basics. Full-day or half-day options.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:55-9:05 am</td>
<td>Arrival &amp; pick-up by mailboxes</td>
</tr>
<tr>
<td>9:05-9:55 am</td>
<td>Conditioning / Alternative Sports</td>
</tr>
<tr>
<td>10am-12:15pm</td>
<td>On court drills/tennis skills</td>
</tr>
<tr>
<td>12:20-1:45 pm</td>
<td>Pool/Lunch  <strong>(half-day departs 1pm)</strong></td>
</tr>
<tr>
<td>1:55-3:50 pm</td>
<td>On court games, matches, point play</td>
</tr>
<tr>
<td>3:55-4:05 pm</td>
<td>Pick-up at mailboxes</td>
</tr>
</tbody>
</table>

**Weekly Sessions**

- **Week 1**: June 10–12  (3 days; full-day only)
- **Week 2**: June 15–19
- **Week 3**: June 22–26
- **Week 4**: June 29–July 2  (no camp 7/3)
- **Week 5**: July 6–10
- **Week 6**: July 13–17
- **Week 7**: July 20–24
- **Week 8**: July 27–31
- **Week 9**: August 3–7
- **Week 10**: August 10–14

**Full Day Option**: 9am-4pm
Per Week:  M/$310  •  NM/$370
Week 1 (3 days):* M/$210  •  NM/$270

**Half Day Option**: 9am-1pm
Per Week:  M/$220  •  NM/$304
(No half-day available Week 1)

**Daily Rate option also available**:  M/NM $90 per day
Daily rate is only available to non-members who have been in camp other weeks in 2020. To arrange, email gregory.oconnor@charlottejcc.org

**Register Today!**

**CALL**: 704-366-5007  **ONLINE**: charlottejcc.org  **IN PERSON**: LJCC Front Desk

Sandra and Leon Levine Jewish Community Center, 5007 Providence Rd / 704.366.5007 / charlottejcc.org