**Early Childhood**

Preschool Tennis (3–5 year olds)
Emphasizes gross motor skills, basic tennis information, and fun on the courts. Equipment provided. Must be fully potty trained. Transfer forms (available at the Customer Service Desk or at: charlottejcc.org) must be completed three days before start, if applicable. In case of inclement weather, classes will be held inside.

- **A)** Mondays, 1:15–2pm
  January 6 – February 10
  No Class 1/10
  M/$120  B/$95  NM/$160
- **B)** Tuesdays, 1:15–2pm
  March 2 – May 18
  No Class 4/13
  M/$264  B/$209  NM/$352
- **C)** Wednesdays, 1:15–2pm
  March 3 – May 19
  No Class 4/14
  M/$264  B/$209  NM/$352
- **D)** Thursdays, 1:15–2pm
  March 5 – May 21
  No Class 4/16
  M/$240  B/$190  NM/$320

**Tennis Director**
Greg O’Connor
Greg O’Connor at 704-944-6748 • gregory.oconnor@charlottejcc.org

**Junior CRUSH Tennis Camp**
An enjoyable introduction to tennis, focusing on fundamentals and tennis basics.
- 8:55–9:05 am Arrival/pick-up by mailboxes
- 9:05–9:55 am Conditioning/Alternative Sports
- 10am–12:30pm On court drills/tennis skills
- 12:20–1:45pm Pool/Lunch (half-day departs 1pm)
- 1:55–3:50 pm On court games, matches, point play
- 3:55–4:05 pm Pick-up at mailboxes

**JCC Dance Department**
Enroll Now for Both Winter and Spring Programs!

**REGISTER ONLINE:** charlottejcc.org/sportscams

**For questions about Tennis Camps, contact LJCC Director of Tennis, Greg O’Connor at 704-944-6748 • gregory.oconnor@charlottejcc.org**
Little CRUSHers
5–7 year olds
Emphasizes basic stroke work, court knowledge, and games involving tennis skills.

Pre-team CRUSH
6–11 year olds
Emphasizes stroke production, plus introduces scoring and the serve in a fun environment. Held indoors during inclement weather based on gym availability.

Teen Beginner CRUSH
12–17 year olds
Teaches the fundamentals of play, including proper stroke mechanics, basic point play, basic rallying skills, and basic tennis conditioning. Designed for the player with limited playing experience.

Junior CRUSH Tennis Academy
9–18 year olds
Required for all Junior CRUSH players. Players must be approved by tennis staff to enroll in this class if they are not currently on a CRUSH Team. Emphasis placed on point construction, rally skills, and basic tennis conditioning.

Junior CRUSH Team Tennis Spring 2020
9–18 year olds
Team matches played on Sunday afternoons between 1-4pm based on age. All teams require players to be members of the USTA. Team practices are strongly encouraged for all team members. Team fee includes team registration, balls for home matches, and weekly updates.

Pre-team CRUSH
12–17 year olds
Teaches the fundamentals of play, including proper stroke mechanics, basic point play, basic rallying skills, and basic tennis conditioning. Designed for the player with limited playing experience.

Adapted CRUSH Cardio
18+
A great way to get the blood pumping. An aerobic workout on the tennis court, complete with basic tennis skills, medium – high impact cardio training.

“Looking for Games” Database
18+
An email database designed to help people find singles, doubles, or mixed doubles matches. Please contact the tennis department if you wish to be included in the database.

Enroll in this class if they are not currently on a CRUSH Team. Emphasis placed on point construction, rally skills, and basic tennis conditioning.

Junior CRUSH Cardio
18+
A great way to get the blood pumping. An aerobic workout on the tennis court, complete with basic tennis skills, medium – high impact cardio training.

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